

## MASSAGE & BODYWORK LICENSING EXAMINATION BIBLIOGRAPHY

There is no single text recommended by FSMTB. The Massage & Bodywork Licensing Examination reflects practice in the United States as determined by the most recent Job Analysis.

FSMTB's item writers and examination development committee members frequently use the following texts as resources; however, the sources used are not limited to the books listed here. The list is not comprehensive and does not imply that references not included on this list are inappropriate or of lesser value or quality than references that are included. The list is presented to assist individuals in preparing for the examination; however, study of the following references will not guarantee that an individual will pass the examination.

### REFERENCE TEXTS

- Beck, Mark F. *Theory and Practice of Therapeutic Massage*. (5th edition). Baltimore: Lippincott, Williams and Wilkins, 2010.
- Benjamin, Ben and Cherie Sohnen-Moe. *The Ethics of Touch*. Tucson: Sohnen-Moe Associates, Inc., 2004.
- Biel, Andrew. *Trail Guide to the Body*. (4th edition). Boulder: Books of Discovery, 2010.
- Braun, Mary Beth and Stephanie Simonson. *Introduction to Massage Therapy*. Baltimore: Lippincott, Williams and Wilkins, 2005.
- Fritz, Sandy. *Mosby's Fundamentals of Therapeutic Massage*. (3rd edition). St. Louis: Mosby/Elsevier, 2004.
- Fritz, Sandy and James M. Groesenbach. *Mosby's Essential Sciences for Therapeutic Massage: Anatomy, Physiology, Biomechanics and Pathology*. (2nd edition). St. Louis: Mosby/Elsevier, 2004.
- McIntosh, Nina. *The Educated Heart: Professional Boundaries for Massage Therapists, Bodyworkers and Movement Teachers*. (2nd edition). Baltimore: Lippincott, Williams and Wilkins, 2005.
- Moore, Keith and Dalley, Arthur. *Clinically Oriented Anatomy*. (6<sup>th</sup> edition). Lippincott, Williams and Wilkins, 2009
- Rattray, Fiona and Linda Ludwig. *Clinical Massage Therapy: Understanding, Assessing and Treating Over 70 Conditions*. Ontario: Talus, Inc., 2000.

- Salvo, Susan G. *Massage Therapy Principles and Practice*. (4th edition). St. Louis: Saunders/Elsevier, 2012.
- Sohnen-Moe, Cherie. *Business Mastery*. (4<sup>rd</sup> edition). Tucson: Sohnen-Moe Associates Inc., 2008
- Werner, Ruth. *A Massage Therapist's Guide to Pathology*. (3<sup>rd</sup> edition). Baltimore: Lippincott, Williams and Wilkins, 2005.